

Tuscan Carrots



Ingredients

- 1 pack Carla's Tuscan blend
- 500g carrots
- Olive or vegetable oil



SERVES 5-6



PREP TIME 10 mins



COOKING TIME 60 mins

Instructions

- Peel and cut 500g carrots in half length-ways
- Place carrots in a bowl with 2 tbsp of vegetable oil and stir, ensuring that the carrots are well coated
- Add a third of a pack of Carla's Tuscan blend into the bowl and stir until the seasoning is well distributed
- Cook in a pre-heated oven at 160°C for 1 hour

Carla's product used in this recipe: [Tuscan Blend](#)

www.carlasfoods.co.uk